



Review

Academics at Kauvery Hospitals

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Abstract

Background: : A "learning hospital" framework prioritizes clinical safety and economic efficiency through rigorous academic integration. Kauvery Hospitals has established a multi-center academic infrastructure accredited by the National Board of Examinations (NBE).

Key words: Learning hospital; National Board of Examinations (NBE).

1. Introduction

In the words of Sir William Osler, "To study the phenomenon of disease without books is to sail an uncharted sea, while to study books without patients, is not to go to the sea at all." A true learning hospital functions as a safe, effective, and economical ecosystem where patient satisfaction is driven by evidence-based medicine and academic rigor.

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Dr. Sir William Osler

Kauvery Hospitals has transitioned into a premier teaching institution, offering Diploma of National Board (DNB) and DrNB programs across Chennai, Trichy, Bangalore, Salem, and Hosur. With 33 academic programs spanning 28 departments, the institution bridges the gap between broad specialties (post-MBBS) and super-specialties (post-PG). This paper outlines the status of these programs, student outcomes, and the evolving landscape of nursing and allied health education.

2. Academic Infrastructure and Programs

The academic portfolio of Kauvery Hospitals is diverse, catering to multiple tiers of medical and healthcare education:

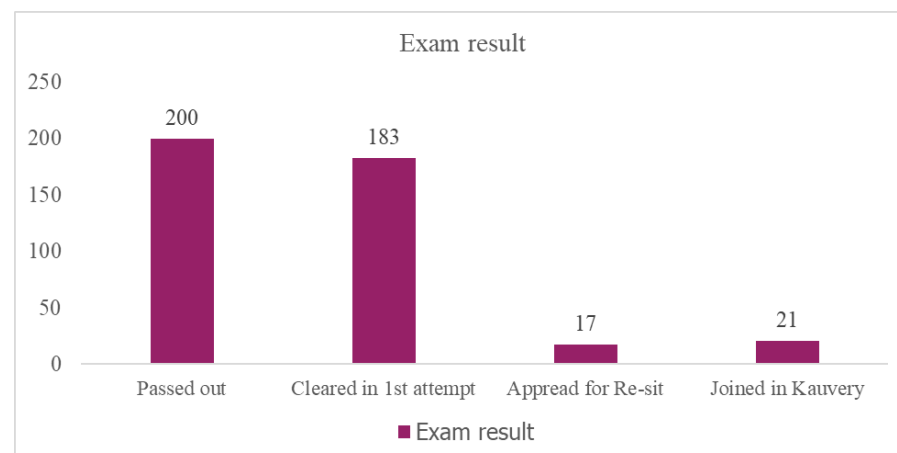
- **Medical Residency:** 8 Broad Specialties (e.g., General Medicine, Surgery, Emergency Medicine) and 7 Sub-Specialties (e.g., Cardiology, Neurosurgery, Critical Care).
- **Capacity:** Currently hosting 193 ongoing PG students with an annual intake of 150 seats.
- **Nursing and Allied Health:** A robust pipeline of 4 nursing courses (Diploma to MSc) and 8 Allied Health Science courses, with PhD programs currently in the development phase.

3. Academic Excellence and Thesis Outcomes

Examination Performance

The institution maintains a high standard of graduation:

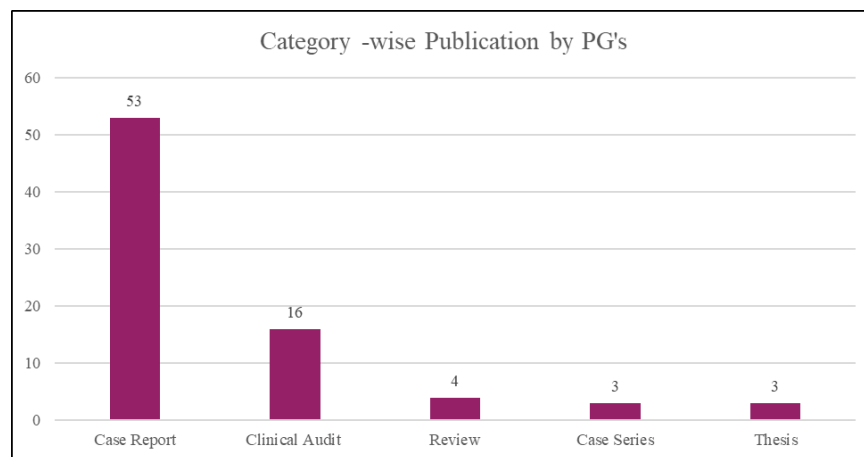
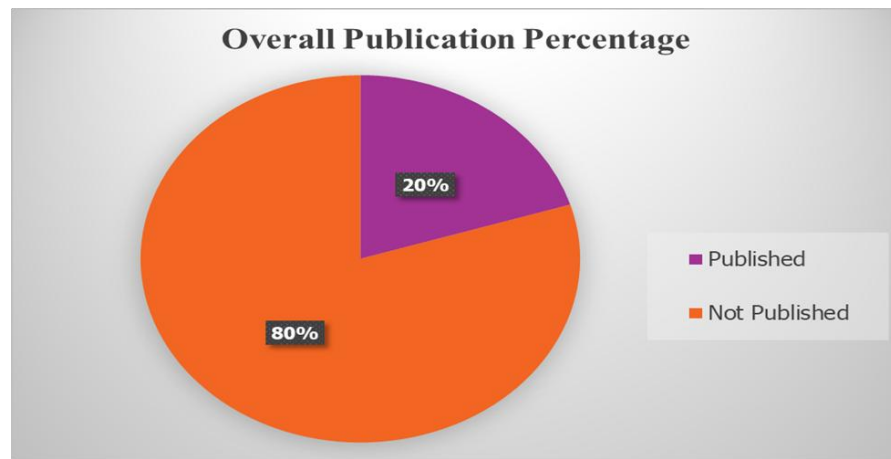
- **Pass Rate:** 91.5% overall percentage.
- **First-Attempt Success:** 183 out of 200 students cleared their examinations on the first attempt.
- **Retention:** 21 postgraduates have transitioned into full-time roles within the Kauvery group, highlighting a successful "train and retain" model.



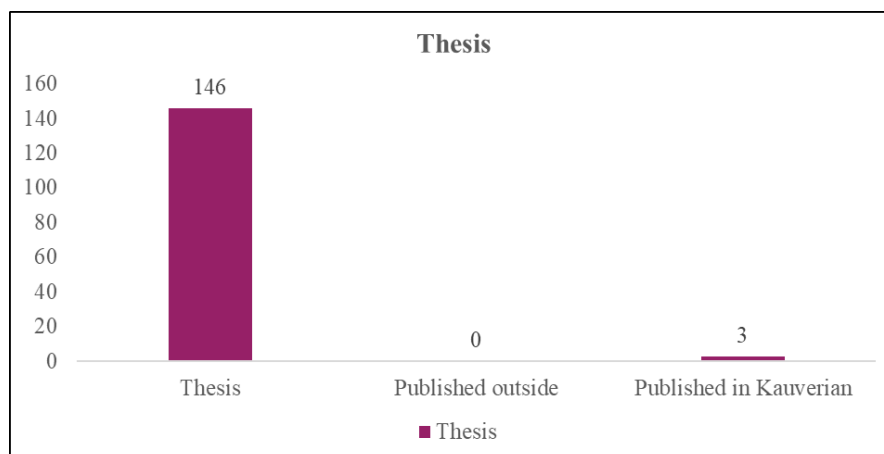
4.1. Research and Publication Trends

While the thesis acceptance rate at the NBE level is 100% (146/146), there is a noted disparity in publication:

- **In-house Publication:** Between 2020 and 2026, 173 PGs passed out, but only 35 (20.2%) published in the *Kauverian Medical Journal*.
- **Output Diversity:** Those who do publish are highly active, contributing 79 papers, primarily consisting of Case Reports (53) and Clinical Audits (16).
- **National Presence:** Specialized departments like Paediatrics and Anesthesiology in Trichy lead the group in national journal contributions.



4.2. Thesis Publication by PGs



4.3. Publications on National Journals

Pediatrics, Trichy	16
Anesthesiology, Trichy	25

5. Discussion

The data reflects an institution that excels in clinical training but is in a state of transition regarding research output.

5.1. The Success of the "Learning Hospital" Model

The 91.5% pass rate and 100% thesis acceptance rate suggest that the clinical supervision and basic research requirements of the NBE are being met with high proficiency.

5.2. The Publication Gap

A critical finding of this study is the "Publication Gap" where only one-fifth of residents translate their clinical experience into published literature. While the Kauverian Medical Journal (ISSN: 2584-1572) has successfully engaged 393 authors, the reliance on case reports suggests a need to shift toward more robust clinical research and systematic reviews.

5.3. Expanding the Academic Horizon

The introduction of digital initiatives, such as Amazon Kindle e-books (e.g., Kauvery Haematology Atlas, My tryst with Tyranny by Dr. Vasanthi Vidhyasagan) and the NIGHTINGALE journal for nursing, indicates a move toward a more inclusive academic environment. Seeking DOAJ and Scopus indexing for the primary journal is the next logical step to incentivize PG publications.



Dr. Vasanthi Vidhyasagar

6. Conclusion and Recommendations

Kauvery Hospitals has successfully built a safe and effective learning environment. To reach the next tier of global academic recognition, the following is recommended:

- **Mandatory Publication Workshops:** Utilizing the established KPGL lecture series to focus specifically on converting these into manuscripts.
- **Incentivizing Research:** Providing grants or recognition for PGs who publish in Scopus-indexed journals.
- **Multidisciplinary Collaboration:** Encouraging joint research between the 28 departments to produce high-impact original studies.
- **Final Thought:** Let us continue to learn from our patients, ensuring that every clinical encounter contributes not just to individual recovery, but to the collective medical knowledge of the world.